



# Every Step Matters

empowering every individual to fulfil their potential

## **ESM YEAR 7 TRANSITION PROGRAMME**

This is an incredible way to capture a snap shot of the needs of each and every child starting their Secondary school journey with you.

Having built up a vast amount of experience in school transition support especially the years 6 to 7, we have identified this to be the most vital and productive time for intervention.

Working closely with our pilot school we have had the opportunity to develop our Year 7 Transition Programme.

Our programme consists of the following:

- Prior to meeting with the young people, we review all the available information supplied by Primary and Secondary schools.
- We plan and facilitate assessment groups for the 1<sup>st</sup> 2-3 weeks of term.
- Each group consists of 10 children and is facilitated by 2 fully qualified counsellors; this is the key to our unique programme! We observe every child closely during this process, and it is the power of the unspoken that we learn most from.
- Each groups runs for a period of 1 hour.
- We create a safe and boundaried environment enabling all young people to share openly.
- All young people fill out our survey which gives them the to opportunity to share their thoughts, concerns, fears and issues. This has proved to be hugely successful in enabling many young people to share things they have never discussed before.
- The groups give the young people an invaluable space to share their initial thoughts and experiences of Secondary school. This encourages the young people to learn from others experiences and to know they are not on their own.
- We try to ensure that every group has a mixture of young people from different forms and Primary schools, thus giving them the chance to meet new people.
- During every group we highlight the expectations of Secondary school.
- All the information we gather is collated and evaluated allowing us to give you the tools you need to make the right choice to help and support every young person in year 7.

## **OUTCOMES**

- Early identification of issues allowing you to deal with them before they escalate towards the point of no return.
- Opportunity to organise relevant support where needed.
- Insight into issues and difficulties year 7's may be facing individually
- Identification of Emotional and Behavioural Difficulties.
- Ability to catch the young people that may have fallen under the radar.
- Identification of any high-risk issues.
- Building up a picture of family life and present issues.
- We use this hour to challenge immediately any difficult behaviour we observe and discuss consequences.

In our pilot school we identify the most vulnerable and needy children, who are then referred to our Emotional Education group programme, which runs throughout the year. Where necessary we also offer individual counselling.

**OUR AIM IS TO WORK IN PARTNERSHIP WITH SCHOOLS TO MAKE THE YEAR 7 TRANSITION AS SUCCESSFUL AS POSSIBLE.**

For pricing and availability please use our contact us page.

Every Step Matters  
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Registered in England and Wales, Registration No: 7353075

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